

# Community Rehabilitation Program

A Fairmount Rehabilitation Program at Kennedy Krieger Institute

## Who We Are

The Community Rehabilitation Program is an alternative option for rehabilitation that occurs right in a patient's home or other important community settings. We offer a wide spectrum of services, ranging from intensive, daily therapy for patients with acute needs, to the use of one or two professionals to help those with less severe needs return to community activities.

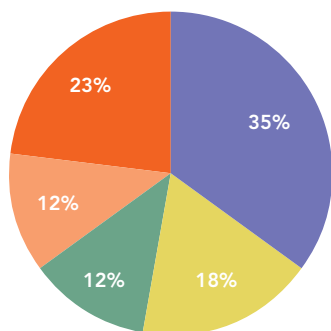
Our program is unique in a variety of ways:

- We offer mobile, active, and interdisciplinary rehabilitation in the patient's natural environment, which is often the most clinically effective site to provide services.
- The program is coordinated to allow for revision of a client's treatment program throughout the course of rehabilitation.
- Our services are not restricted to homebound individuals, or exclusively to services performed in the patient's home.

## Who We Serve

We treat children and young adults with a variety of needs, including patients:

- who have had orthopedic surgery and require rehabilitation, including those with developmental disabilities
- with a diagnosis of motor and cognitive disability or chronic pain affecting functional independence
- with traumatic brain injury
- with spinal cord dysfunction who need rehabilitation in the life skills required for independent functioning



- Traumatic Brain Injury
- Acquired Brain Injury
- Brain Tumor
- Developmental Disorders
- Neurological Conditions

Our patients range in age from infants to age 60.

## Our Team

Patient care is provided by an interdisciplinary team of:

- Case managers
- Clinical social workers
- Neuropsychologists
- Occupational therapists
- Pediatric rehabilitation physicians
- Physical therapists
- Primary care physicians
- Speech therapists

We are all born with great potential.  
Shouldn't we all have the chance to achieve it?



Kennedy Krieger Institute  
UNLOCKING POTENTIAL

## Our Treatment Approach

The treatment team evaluates each individual. Based on the results of these evaluations, the treatment team and the family develop a plan for community-based treatment. Each treatment plan falls within one of five therapy models, as follows:\*

### Intensive Model

Best for patients needing intense therapeutic intervention to guide rapid changes following a medical intervention or newly acquired neurological or orthopedic issue. This model offers three or more visits each week, for about three to four weeks.

### Frequent Model

Well-suited to patients who are continuously progressing toward their goals but still need specific therapeutic intervention. This model offers one to two visits each week, for about three to four weeks.

### Transitional Model

Best for patients who can work independently on their therapy goals, but may still need monitoring to ensure their progress continues. This model offers visits every other week for approximately four weeks.

### Periodic Model

Good for patients making slower progress, who need practice, but not intensive therapy, to continue toward their goals. This model offers monthly or quarterly visits.

### Consultative Model

After patients are discharged, we can provide follow-up and consultation when a need or question arises. This model is offered on an as-needed basis.

*\*Please note that not all patients will go through each therapy model; for example, a patient might start therapy within the Transitional Model.*

## Our Success

Our program has a proven record of treatment success and patient satisfaction:

- 96 percent of patients met or exceeded goals set in areas such as self-care, mobility, cognition, and levels of independence.
- 100 percent of our patients returned to community programs.
- 100 percent of surveys indicate overall satisfaction.
- 100 percent of caregivers report that they learned ways to help their child at home from their therapists.

## Cost Benefits

Our program offers a variety of opportunities for a decreased cost of care, including:

- Earlier discharge from the hospital setting
- Shorter time needed for services

### Contact Information

#### Community Rehabilitation Program at Kennedy Krieger Institute

For more information or to schedule an appointment, please call **443-923-4587** or toll-free at **888-554-2080**.

TTY: **443-923-2645** or Maryland Relay **711**

**KennedyKrieger.org/Rehabilitation**

#### Physicians & Healthcare Professionals

To make a referral, call our Physician Referral Line at **443-923-9403**.

#### Program Location:

1750 East Fairmount Avenue  
Baltimore, MD 21231

#### Mailing Address:

707 North Broadway  
Baltimore, MD 21205

Kennedy Krieger Institute recognizes and respects the rights of patients and their families and treats them with courtesy and dignity. Kennedy Krieger Institute provides care that preserves cultural, psychosocial, spiritual, and personal values, beliefs, and preferences. Care is free from discrimination based on age, race, ethnicity, religion, culture, language, physical or mental disability, socioeconomic status, sex, sexual orientation, and gender identity or expression including transgender. We encourage patients and families to become active partners in their care by asking questions, seeking resources, and advocating for the services and support they need.



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