

Behavior Health Services for Military Families



We are all born with great potential.
Shouldn't we all have the chance to achieve it?



Kennedy Krieger Institute
UNLOCKING POTENTIAL



Clinic Overview

The Behavioral Psychology Department at Kennedy Krieger Institute is staffed by licensed psychologists who are specifically trained to understand and serve the unique needs of military families. Our clinical staff is experienced in treating behavior problems that often accompany deployment and other military stressors.

Our clinicians provide therapy to children with emotional and behavior difficulties. We treat children from age 2 through 17 years, and have clinicians who specialize in the different stages of childhood development.

Behavior Problems Addressed

- Aggression and bullying
- Attention difficulties
- Deployment-related problems
- Eating/feeding problems
- Family conflict
- Mood problems
- Noncompliance or defiance
- School behavior and academic problems
- Low self-esteem
- Sleep and bedtime problems
- Social skills problems
- Tantrums and acting out
- Toileting problems

Diagnoses Served

- Adjustment disorder
- Anxiety disorders
- Attention deficit hyperactivity disorder
- Autism spectrum disorders
- Depressive disorder
- Intellectual disability
- Oppositional defiant disorder



Our Treatment Services

Our treatment approach includes behavioral interventions, cognitive behavioral therapy, family systems and developmental perspectives. We also train parents in problem-solving strategies, and educate them in child development and childhood disorders. Clinicians provide treatment that is tailored to the needs of your child and family.

In addition to working directly with families, we also collaborate with schools, daycare centers, pediatricians, psychiatrists and state agencies to ensure that our patients have access to all of the services they need.



Military Family Interactive Network (MFIN)

The Behavioral Psychology Department also offers the Military Family Interactive Network (MFIN), a website that links Maryland's active duty military families with behavioral health professionals. Parents complete a brief survey online, then connect with a psychologist to discuss their concerns and identify appropriate services and resources. To access MFIN, visit milfaminternet.org.



Contact Information

Kennedy Krieger Institute is a TRICARE (Prime, Standard and USFHP) provider.

To make a referral or to schedule an appointment, please call **443-923-7508** or Maryland Relay **711**.

Referral specialists are available:

Monday through Friday, 8:30 a.m. to 4:30 p.m.

**Behavioral Health Program for Military Families
Program Director**

Jennifer Crockett, PhD

[KennedyKrieger.org/Military](https://www.kennedykrieger.org/Military)

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Kennedy Krieger Institute recognizes and respects the rights of patients and their families and treats them with courtesy and dignity. Kennedy Krieger Institute provides care that preserves cultural, psychosocial, spiritual and personal values, beliefs and preferences. Care is free from discrimination based on age, race, ethnicity, religion, culture, language, physical or mental disability, socioeconomic status, sex, sexual orientation, and gender identity or expression, including transgender. We encourage patients and families to become active partners in their care by asking questions, seeking resources and advocating for the services and support they need. 9/2017



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